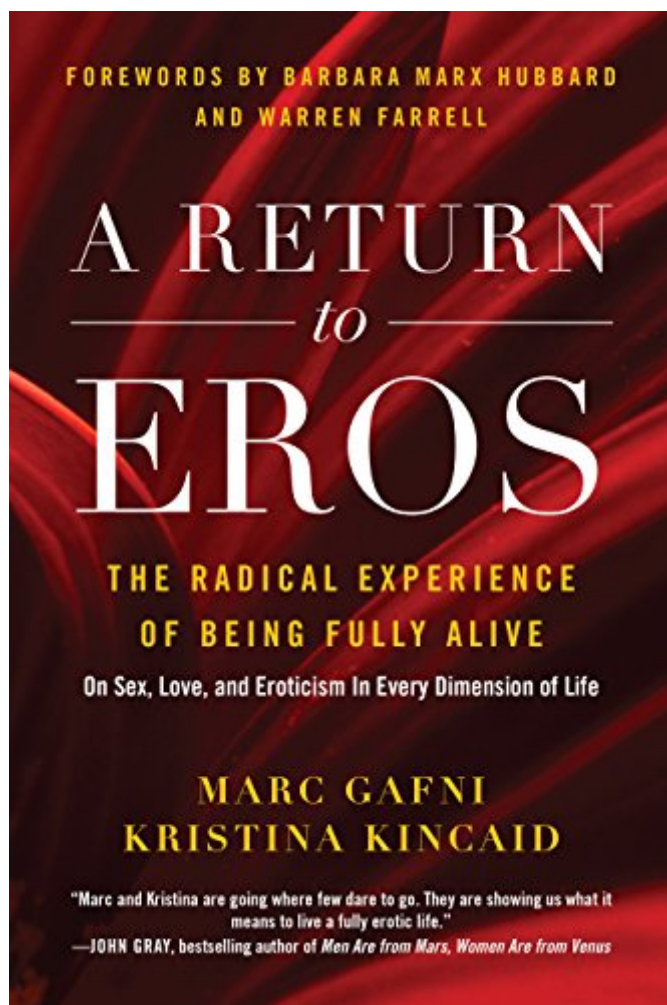


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# A Return To Eros: The Radical Experience Of Being Fully Alive



## Synopsis

Discover the secret relationship between erotic, the sexual, and the sacred. Sex is not negative or positive. Sex is not just neutral, nor is it merely sacred because it creates babies. None of these old sexual stories work for us anymore. We need a new sexual narrative. This book gives the new sexual narrative, what the authors call Sex Erotic. Erotic Mystics from the hidden tradition of Solomon's temple taught a secret doctrine: sex is the source of all wisdom. It's an expression of the erotic impulse of existence itself alive in us. It's the yearning for contact, pleasure, and aliveness. The sexual, however, is not the sum total of the erotic. Rather, the sexual teaches us how to live an erotic life in all dimensions of our existence. That is Sex Erotic. A Return to Eros: The Radical Experience of Being Fully Alive, from Drs. Marc Gafni and Kristina Kincaid, reveals the radical tenets of the relationships between the sexual, the erotic, and the holy. They share what Eros actually means and also the 12 core qualities of the erotic, which are modeled by the sexual. These include being on the inside, fullness of presence, yearning, allurements, fantasy, surrender, creativity, pleasure, and more. A Return to Eros shows why these qualities of the erotic modeled by the sexual are actually the same core qualities of the sacred. The relationship between the sexual and the erotic becomes clear, teaching you how to live an erotically suffused existence charged with purpose, potency, and power. To be an empowered lover is not just in sex but also in all facets of your life. You must listen to the whisperings of the sexual. Transform your understanding and experience of love, sex, and Eros inside these pages.

## Book Information

File Size: 1616 KB

Print Length: 530 pages

Page Numbers Source ISBN: 1944648186

Publisher: BenBella Books (August 29, 2017)

Publication Date: August 29, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B01N9R5A22

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #283,444 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #92

inÃ Â Books > Religion & Spirituality > New Age & Spirituality > Sacred Sexuality #715

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Texts #4014 inÃ Â Kindle Store > Kindle eBooks > Religion & Spirituality > Spirituality

## Customer Reviews

This book is a rare elegy to the Love Beauty and the Love Intelligence that animates and drives all reality. The authorsÃfÂçÃ â ÑÃ â„ç invitation to reconnect to our Divinity through the lens of Sexuality is not just compelling and inspiring but itÃfÂçÃ â ÑÃ â„çs also of utmost and vital importance today. In a world where the Erotic has been exiled to the mere domain of sexuality, and sexuality itself has been exiled in grand part to its unconscious shadow forms, we learn that all failure of ethics is eventually a failure of Eros. Using references that span from ancient Kabbalistic scriptures to the latest discoveries in Quantum physics, the authors reveal how all principles of Eros can be learned through the Sexual, and Sexuality becomes our guide and teacher as we learn to reclaim Eros in all aspects of our life.

Finally this awesome book is published! A strong and refreshing narrative for our time around a topic 'still drenched in shame', despite all the good and holy work of so many authentic, deep and good-willing teachers. A narrative for all humans, for any God you are bowing to, for any sexual life style you are in favor off, because the great paradox this book holds is that 'it is not about sex and yet is it all about sex'. In my many years experimenting and practising in different contexts around Sacred Sexuality, freeing myself and seeing many many people around me, being freed from the depressing and limiting stories on sexuality that actually block our Eros, our Life Energy, our inherent intelligent nature I am deeply touched and energised by this book and the by work that Marc and Kristina are presenting to our world. This book is a song, it's a poem and nearly each sentence is a prayer into my ears. "Eros is not sex. Sex is too small a word to contain the wholeness of Eros. Sex merely points to Eros. Eros is so much greater. The Erotic is the pulse of God beating at every level of reality. So, by Eros we do not mean human sex, but rather the Cosmic Eros of which sex is one potent expression. If we trace sex to its source we realize that the body electric is plugged straight into God. Once you discover that current, you will never be the same." Go get this beautiful book, read it and then read it again!

A book that speaks to the spiritual aspect of our sexuality that inspires as much as it educates. The plethora of knowledge in this book is by far the most intriguing and passionate exposé of the mystery of existence I have encountered. The paradigm of my 3D being has new, fuller meaning in everything I encounter and create. This is how we change the world.

Profound. Respectful. Liberating. Joyful. A Return to Eros presents clearly a new and positive narrative in which to embrace being fully alive in all aspects of living while embracing the passion, wonder, and power of our sexuality. A desperately needed book. I'm sending copies to my grown kids immediately.

We all go through periods when our life feels, well, life *is* less than it should be, than we hoped it would be. What's missing is life *force*, the force of life *eros*. This book is a pathway to your discovery, a way to reassess your life, go inside and turn it on *activate* your potential so you wake up with a spark of energy in the morning that literally lives throughout the day, every day. Living any other way is a tragedy and as I've discovered, not the way it has to be. What's even more tragic, though, is having the keys to your life in your hands and not using them. Buy the book, dive in, and begin to discover more fullness, more meaning, more joy, more love, more life, in your life. Thanks, Marc and Kristina, for sharing your wisdom and leading by living it. GIK

RETURN TO EROS is an essential book. I am a former Southern Baptist minister who "dated" during the True Love Waits abstinence movement. I married my best friend from church and we endured a 12 year sexless marriage. Everything I experienced during my Fundamentalist upbringing falls neatly into the narrative of Gafni's book. I came across his teachings at a unique time. My own thoughts, curiosities, and convictions that were stored deep in my mind were released when I came across it. His truth echoes mine, and I can't help but think of those, like me, who need to see someone take the leap first. And by leap, I'm referring to LIVING the outrageous in this book. To say this book changed my life sounds like a review. This isn't. I'm connecting to myself and this world seemingly for the first time so this is like a 'Coming Out'. Marc, thank you so much for your boldness and courage, for your passion and imagination, and WILD honesty.

Passionate and brilliant, this book by Kristina and Marc will emerge as one of the great books on the erotic and the holy, they will take you on the ride of your life into love, sex and Eros.

A Return to Eros looks at our erotic connection to all of life and invites us to live with passion and love. Marc and Kristina give a set of distinctions that brought important insights for me. This book is a major contribution to understanding how to live a sexually deep and spiritually erotic life. A must read.

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